

**COLLEGE OF NURSING
SRI RAMAKRISHNA INSTITUTE OF PARAMEDICAL SCIENCES
COIMBATORE – 44**



**YOUTH RED CROSS UNIT
COLLEGE OF NURSING, SRIPMS
CBE -44**



Youth Red Cross (YRC)

The Indian Red Cross Society is a voluntary humanitarian organization, established by an act of the Indian Legislature in 1920, having on its rolls the states, the union territories, the districts and the sub-district branches. Its activities are being directed forward to the “Prevention of Diseases, Improvement of Health and Mitigation of Suffering”. The Indian Red Cross Society realized the importance of the youth way back in 1925 and established Junior Red Cross (JRC) in schools and Youth Red Cross (YRC) in colleges.

Objectives of YRC:-

- Promotion and protection of health and life.
- Selfless services to the sick and suffering.
- Promotion of national and international friendship.
- Disaster relief to the victims.

YOUTH RED CROSS UNIT (COLLEGE OF NURSING – SRIPMS):-

The College of Nursing Sri Ramakrishna Institute of paramedical sciences established its YRC Local Unit in the academic year of 2013-2014. The unit has a total membership of 407 students. The Youth Red Cross wing of our College is proud to reveal its activities that took place during the academic year 2013 – 2015.

OFFICE MEMBERS OF YRC UNIT:-



Chair Person
Dr. T. Nirmala



Programme Officer
Mrs. Annalakshmi. A



Assistant programme Officer
Mrs. Ancy Reema Robert

Activities of Youth Red Cross:-

FOR THE YEAR 2014 :-

JANUARY:-

- YRC organized ROAD SAFETY WEEK on 11\01\2014. Volunteers participated in the rally . program inauguration was done by **honorable district collector Mrs . Archana Patnayak** to create awareness to the public regarding road safety.
- YRC organized youth leadership meet on 30\1\2014 to encourage volunteers in unit activity

FEBURARY :-

- YRC organized and celebrated YOUTH RED CROSS DAY ON 1\02\2014. As a part of it Tamil and English elocution was conducted to the volunteers.

MARCH :-

- YRC organized WORLD TUBERCULOSIS DAY on 24\03\2014. Volunteers organized an exhibition and a speech to create awareness to the public regarding **“Find TB, Treat TB, Working together to eliminate TB”**.

APRIL :-

- YRC volunteers celebrated World Health Day on 7th April 2014. This year Theme of World Health Day 2014 is **“Vector Borne Diseases -Small bite –Big threats”**. Exhibition was

organized and Guest Lecture was given by **Dr. Ramanathan, District Epidemiologist, DDHS, Coimbatore** . On' **The Newer Trends in the Control of Vectors and Vector Borne Diseases'**.

MAY :-

- YRC Volunteers celebrated World No Tobacco Day on 24\5\2014. The theme No was **“Raise taxes on tobacco”**. YRC Volunteers distributed handouts to the public in four main areas of Coimbatore city.
- YRC volunteers performed a Tamil skit about 'Importance of Tobacco Eradication', which focused on Primary and Secondary smoking, Social isolation, and Risk of addiction, Economical problem and Health hazards, to 8th and 9th standard students of Sri Ramakrishna Matriculation Higher Secondary School. After the skit, YRC volunteers telecasted a video show regarding 'Harmful Effects of Tobacco Usage'.

JUNE :-

- YRC volunteers celebrated **International day against drug abuse** on 26/6/14.the theme was To stop drug abuse.YRC volunteers distributed to the public in sri Ramakrishna hospital.

NOVEMBER:

- YRC volunteers celebrated WORLD DIABETES DAY on 14/11/14.The theme was **“Healthy living and diabetes ”** . a speech was organized regarding diabetes to the public .

DECEMBER:-

- YRC volunteers celebrated WORLD DISABLED DAY on 6\12\2014. Competition was conducted to disabled children and prizes were distributed to the children.

JANUARY:-

- YRC volunteers Organized and celebrated 66TH **REPUBLIC DAY** with the entire faculty, students of Sri Ramakrishna Institute of paramedical Sciences and also public.

FEBURARY:-

- YRC organized and celebrated YOUTH RED CROSS DAY ON 1\02\2015 As a part of it competition and cultural program was conducted to the volunteers .

MARCH:-

- YRC organized and celebrated WORLD WATER DAY on 22\03\2015. The theme was “**WATER AND SUSTAINABLE DEVELOPMENT** ” handouts were distributed to the public

MAY:-

- YRC volunteers organized and celebrated WORLD NO TOBACCO DAY on 31\05\2015 telecasted a video show regarding ‘**Harmful Effects of Tobacco Usage** to the public.

JUNE :-

- YRC volunteers organized WORLD ELDERLY ABUSE AWARENESS DAY on 15\06\2015 . Volunteers performed a role play regarding ‘ELDERLY ABUSE ’ to the students in ABC matriculation school.

YRC REPORT FOR THE MONTH OF JUNE 2015

YRC VOLUNTEERS celebrated World Elder abuse Awareness Day on 15th June 2015. Theme of the day is “To stop elder abuse”. YRC volunteers performed a Role play on elder Abuse for the 9th standard students of ABC Matriculation Higher Secondary School between 3.00 pm to 4.00 pm. Nearly 150 students were benefited from this programme.

WORLD MENTAL HEALTH DAY – 2015

Sri Ramakrishna College of Nursing, Coimbatore celebrated The **World Mental Health Day** on 10.10.15. Dr.Sugumaran, Dean of Sri Ramakrishna Hospital, Dr.T.Nirmala, Principal, College Of Nursing, Prof.Mrs.Girijakumari, Vice-Principal, College Of Nursing inaugurated the “**SIGNATURE CAMPAIGN**” and unveiled the theme of Mental Health Day 2015 -***DIGNITY IN MENTAL HEALTH*** at The Sri Ramakrishna Hospital premises. Followed by the students of Sri Ramakrishna College of Nursing, performed “**FLASH MOB**” near New Bus Stand, Coimbatore. The programme came to an end by the students holding pluck cards with the slogans supporting mental health and

mentally affected people. Through the street play, the YRC volunteer's portrait the challenges faced by the mentally ill people and invited the public to join hands in support of mentally ill people.